



Community Safety Partnership Report

Issue 40
August 2020

Community Safety

Community Safety is about protecting people's rights to live in confidence without fear for their own or other people's safety ensuring that people are safe from crime, disorder and danger and free from injury and harm and communities are socially cohesive and tolerant; are resilient and able to support individuals to take responsibility for their wellbeing

The Community Safety Partnership aims to improve community safety across Moray by identifying and addressing immediate concerns in order to protect the most vulnerable and at risk and be proactive to ensure that communities feel safe.

The CSP comprises of various Moray Council services, Police Scotland, Scottish Fire and Rescue Service, NHS Grampian, tsIMORAY and Registered Social Landlords

POLICE STATION PUBLIC COUNTER OPENING HOURS

The following Police Stations have Public Counters and are open during the following hours.

BUCKIE	0700 - 1700	7 DAYS
ELGIN	0700 - MIDNIGHT	7 DAYS
FORRES	0915 - 1715	MONDAY TO THURSDAY
	0915 - 1445	FRIDAY
KEITH	0815 - 1600	MONDAY TO FRIDAY
LOSSIEMOUTH	0900 - 1700	MONDAY TO FRIDAY
ROTHERS	0900 - 1700	MONDAY TO FRIDAY

NOTE – Stations may close for one hour at 12.30 daily or at short notice.

Telephone 101 – Non Emergency

999 – Emergency

Website: www.scotland.police.uk

Twitter: @policescotland

Facebook: facebook.com/police Scotland

Should you wish to remain anonymous you can always contact the registered charity Crime stoppers on **0800 555 111**

OTHER USEFUL NUMBERS

Moray Council Help Desk: 0300 1234566

Community Safety Team Office: 01343 563134

Online ASB Reporting at www.moray.gov.uk/moray_standard/page_103264.html

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Chief Inspector for Moray Norman Stevenson



The first six months of 2020 have underlined the intense and highly demanding nature of policing, but it has also been a stark reminder to me of all the great work that goes on in the communities, particularly in Moray. With that, I trust you have already felt my praise for you all and those around you in your respective areas, that has kept so many people mentally well in Moray and stocked up in the physical things in life that keep us going. I appreciate there have been hard times in our communities, but everyone has been so resilient and it is a pleasure to be helping you in any way I can.

As much as possible, I introduce the good work of the JCC and it was during a conversation with the Lord Lieutenant Seymour Munro recently that I brought up the JCC and respective Community Councils, talking of the work in general and specifically during these pandemic times. As you know, he has been doing as much as he can himself through the setting up of the Moray Relief Fund, which has delivered some great things for people in most need.

As a result of this conversation, I am delighted that Deputy Lord Lieutenant George McIntyre has offered to join and support the JCC, which you have all accepted and I look forward to the growing relationship and hopefully the continued support into the JCC.

Stay safe, keep in touch and I will see you on screen soon.

Norman Stevenson
Chief Inspector

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**Moray East Community Council
Report**



We are sorry, due to staffing capacity there is no report available for Moray East Policing Team. We will endeavour to have this resolved for the next issue.

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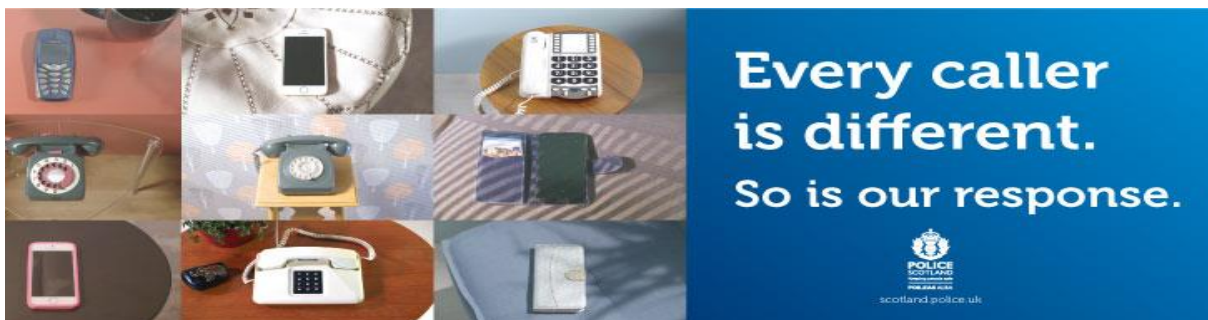
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Moray Central Community Council Report



I am pleased to provide some information regarding the work your Community Policing Team in Elgin have been doing during July 2020 to help create safer communities, respond to local needs and concerns and to reduce crime and disorder.

Community Engagement & Reassurance



Police Scotland has a new way of assessing calls to our 101 and 999 service that will enable specially trained police officers and staff to make an enhanced assessment of threat, risk and harm vulnerability.

Our new approach offers a wider range of options to provide assistance based on the callers needs and circumstances. This could include immediate attendance at an incident or within a specified timeframe, an appointment with a police officer or assistance directly over the telephone.

PC Kim Robertson from Elgin Community Policing Team said,

"When we attend an incident in the community we are provided with more information and have an even better understanding of what to expect. We can spend more time dealing with calls and getting our enquiries done.

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Moray Police @MorayPolice · 17h
Following concerns raised by local residents, officers have been out early this morning carrying out speed checks on East Road in Elgin. Please remember that the 40mph zone carries on up to the city boundary.

#KnowYourLimits
#InTownSlowDown
#KeepingPeopleSafe



3 comments 3 retweets 19 likes

Officers have been carrying out checks following complaints about speeding on East Road, Elgin. Reports have also been received about vehicles speeding in the Clackmarras area and patrols have been carried out as a deterrence.

Concerns have been raised regarding rowdy behaviour, loud music and general annoyance late at night in and around the Burn of Linkwood area of New Elgin. Officers have been patrolling the area and will continue to respond to community concerns about this issue.

Finally, this month I would like to thank the communities of Elgin for the support shown to my officers as we continue to steer our way through lockdown. In my April report I mentioned how grateful I was for the high levels of support and co-operation we had seen from people. I am pleased to say that this support has remained constant throughout lockdown and the compliance levels for the government regulations have been exceptionally high. Thank you.

Andrew Wilson
Inspector
Elgin Community Policing Team
25 July 2020



Doorstep Crime & Bogus Callers

We have been liaising with Trading Standards following reports of doorstep crime being committed in the area.

Investigations are ongoing into and officers are following a positive line of enquiry.

Doorstep criminals are cunning, creative and often very convincing. Anyone can be fooled as these people are professional con artists. A Rogue Trader will tell you the work is urgent and needs to be carried out immediately. They will normally ask for payment there and then and may offer to come to the bank with you if you don't have the cash at hand.

For advice visit www.scotland.police.uk

Moray West Community Council Report



This report covers progress we have made in dealing with your priorities for the Forres, Lossiemouth & Fochabers Community Policing Team area during the period of July 2020.

The report aims to highlight emerging issues in your area, and to provide crime prevention advice and guidance to Community Council members and residents you represent. Our focus is to reduce crime and disorder, help create safer communities and respond effectively to local concerns.

Overall Crime

As we ease out of lockdown, I think we are all beginning to feel a sense of normality, or at least a new normality, settling back in. Reports of crime were significantly reduced during the lockdown period and a primary function for ourselves was to provide assurance to the community and respond to concerns around potential non-compliance of Government guidance. I would like to offer my personal thanks, on behalf of myself and my Officers, to the vast majority of our community who adhered to the guidance and to those members of the public who were supportive of the advice provided by Officers where required.

As more people emerge from their homes and resume day to day life, we are seeing crime reports return to a more recognised level and a full report will be made available for the next reporting period.

In December's report I touched upon how we tend to see a rise in calls to assist those who are feeling overwhelmed by life's struggles at that particular time of year, and it is recognised that the wider impact of Coronavirus will be felt by many in all aspects of life for some time to come. It is with mindfulness to those individuals and their families that I have included a section on suicide prevention.

Community Engagement & Reassurance

Despite being in lockdown we continued to liaise (virtually - to adhere to social guidance rules) with our key partners in the Scottish Fire and Rescue Service, the Forestry Commission and the Coastguard to develop contingency plans around the east beach in the event of an emergency given the restricted access with the Bridge out of commission.

Our planned joint Wildfire awareness raising Open Day at Roseisle understandably had to be postponed, but local Officers, in uniform and plan clothes, are carrying out

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patrols in wooded areas in and around Lossiemouth as a targeted response to reports of anti-social behaviour and persons congregating and setting camp fires.

A proactive Operation in Forres and surrounding towns to address some community concerns around pockets of anti-social behaviour will also commence shortly. Where we identify wider concerns or diversionary opportunities, suitable referrals will be made to relevant agencies.

Please continue to stay safe everyone,

regards
Kerry Rigg

Kerry Rigg
Local Policing Inspector
Forres, Lossiemouth & Fochabers
A Division
Police Scotland

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Twitter: @policescotland
Facebook: www.facebook.com/policescotland

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Suicide Prevention

In 2018 in Scotland there were 784 deaths by suicide, the rate for male suicide was three times that for females. There were 77 suicides across the NHS Grampian board area in 2018, up from 63 in 2017. 59 of the 77 were men.

The below looks at how you can spot the signs, support the individual and what supports and services you can connect them with.

Spotting the signs?

How might someone with thoughts of suicide present? What might we see, sense, hear or learn?



A common myth is that people will not talk about their thoughts of suicide but people can and do often talk about thoughts of suicide.

Asking about suicide?

If you think someone is thinking about suicide you must ask the question. We know this can feel difficult or even scary but it is the best way to open up the conversation about suicide and must be asked.

How to ask?

The question must be asked in a direct and neutral way.

Try to **avoid** leading questions, for example 'you're *not* thinking of....'

Try to **avoid** asking questions that may seem to contain judgement, for example 'are you thinking of doing something *silly*'

(the reason for a person to think about suicide may seem trivial or even unimportant but to that person it is life or death)

Try to **avoid** questions that aren't clearly about suicide such as

- Have you thought about what happens when you die?
- Have you ever thought about dying?
- Have you ever thought about hurting yourself?

Try to **ask a neutral and closed question** where the answer can be either 'yes' or 'no' about them taking action to end their own life.

- **Are you thinking about suicide?**
- **Are you thinking about killing yourself?**
- **Are you thinking about ending your life?**

Asking someone who does not have thoughts of suicide about suicide **CANNOT** put the idea in their head. If you think someone may be thinking about suicide **ALWAYS** ask the question.

Listening

Asking the question must never be asked in isolation and must be followed up. If they answer yes to your question about suicide, then it is important to give them time and space to share their story.

Listening feels like it should be easy but again we know it can be difficult, encouraging a person to talk about their thoughts of suicide is important and helpful.

There is no expectation for you to 'fix' whatever is happening for that person. It is important that we allow a person to talk about their feelings without judgement and direct them towards a suitable support.

Things to remember

- Try not to make judgement regarding the reason someone may be feeling suicidal, try to focus on how they are feeling rather than the trigger or event that led to them feeling that way.
- Try not to react to behaviours shown when someone is feeling suicidal, try to remember it is again the feeling behind the behaviour that is important.

Helpful questions

- Why do you think you are feeling this way?
- What makes you feel this way?
- How long have you been feeling this way?
- Who else have you told?
- What can we do to help you?
- What support do you think you need?

Supports available

After we have heard the person's story, it is important that we connect them with someone who can further support or help them. This could be a friend, family member or a service. Given the unprecedented times we are currently living in, many services may be closed or may have changed the way they operate so it is important to have a basic knowledge of local support services and how to access them.

You are not alone in supporting an individual and there are many supports available, both locally and nationally. Whilst it is important to have a basic knowledge of these services, it can be impossible to remember them all. There is an App available that showcases many of them and we'd encourage you to download it. As well as helping with supports available it has information on suicide, myths and facts, tips on having the conversation and how to develop a safety plan.

Type '**Prevent Suicide**' into your app provider and download the app now.



Other supports

Although the above App contains a comprehensive list of services available, there may be others that you know of. We also suggest that you explore what supports (professional or personal) the individual currently has, has helped them in the past or who they feel would support them. We encourage engagement with a GP and GP practice. Every GP practice in Aberdeen City has a Community Link Practitioner based within the practice. This service offers person centred wellbeing support to be delivered through a dedicated member of staff.

When linking an individual to a service, try to offer a 'warm hand off' where you introduce the person to the service and the service to them, this is likely to encourage more successful engagement compared to handing an individual a leaflet or number.

Some safety tips

- If you feel an individual is at immediate risk of death or harm to themselves or someone else, phone 999.
- Even a successful intervention can feel stressful and emotional, make sure you debrief with a colleague or manager following any such conversation, the Samaritans also offer a debrief service.
- These times are testing for us all, look after yourself and ensure self-care every day.
- Be kind to yourself and others.